

## **Expository Counseling Center Training Courses**

### ***The Big Picture of Training***

- A. Students will attend 76 weeks of training that will cover over 200 hours of biblical counseling training.
- B. Students will read The Heart of Man and The Mental Disorders by Rich Thomson in completion which is the main textbook overall. Students will also read A Theology of Christian Counseling, The Biblical Counseling Movement, Deceptive Diagnosis, Understanding and Developing a Biblical View of Life, Instruments in the Redeemer's Hand, So You Want to Get Married (For singles), Happy Even After (for married couples), Shepherding a Child's Heart, With All Your Heart, Coming to Know and Walk with God, How People Change, Pursuing Godliness through the Disciplines of the Christian Faith, Every Christian a Counselor, The Peacemaker, Why Christians Can't Trust Psychology and Counseling by the Book (Revised and Expanded Edition) and A Theology of Biblical Counseling.
- C. Students will be required to read various books of the Bible in correspondence with the module they are studying. Each book of the Bible assigned is to be read at least once a week over the seven week period covering that module. (minimum of six times per module) The students are to read John, Hebrews, Romans, James, 1John, 1Peter, Ephesians, Proverbs, 2Peter, and Galatians.
- D. Students will memorize 20 Scripture verses to help develop their understanding of Scripture in correspondence to Biblical Counseling..
- E. Students will work on 50 make the connection assignments, and 30 assigned case studies to develop their skill in applying the Biblical Counseling methods to life issues.
- F. Students will observe 12 hours of biblical counseling through DVDs watched during the training sessions.
- G. Students will do 50 hours of supervised biblical counseling service using the methods taught in their training.
- H. If students are interested in the International Association of Biblical Counselors Certification, they will take a theology and counseling exam. When they complete all levels of course work, pass the exams, and fulfill the requirements

for counseling the Expository Counseling Center will move them into IABC Certification ([www.iabc.net](http://www.iabc.net)).

- I. If students are interested in the Association of Certified Biblical Counselors Certification, the Expository Counseling Center will help them meet portions of phase one and phase two requirements for certification as required by the ACBC organization (go to their website to understand their phases for certification). The Expository Counseling Center can also help students meet phase three requirements if the students so desire ([www.biblicalcounseling.com](http://www.biblicalcounseling.com)).

### **The Breakdown of the Training**

**Purpose:** To equip individuals in various aspects of Biblical Counseling so that they may be able to give God's solutions to life's problems.

**Objectives:**

- A. To help individuals develop a sound biblical framework from which to understand, diagnose and treat a wide range of human problems.
- B. To help individuals learn how to listen to others compassionately, attentively and biblically while using a biblical framework to interpret their problems accordingly
- C. To help individuals learn how to give practical, biblical guidance to those whom they counsel
- D. To help individuals engage in critical biblical thinking about a wide range and human problems and their solutions
- E. To have an opportunity and forum to expose and counteract unbiblical views and theories about a wide range of human problems.

**Process:**

- A. Students will come to an orientation whereby they will get an understanding of the training.
- B. Students will go through 70 weeks of training which is broken down into 5 levels with two modules per level. Each module last 7 weeks. Each training session goes from 2-3hours per week according to the material taught in that session. (There will be a 8<sup>th</sup> week added to each module for those who are interested in IABC Certification and ACBC certification. This 8<sup>th</sup> week added per module is provided to go over the exam questions presented in the IABC exam and ACBC exam.) Or it may be six weeks tagged on at the end of the last module. IABC stands for International Association of Biblical Counselors ([www.iabc.net](http://www.iabc.net)). ACBC stands for Association of Certified Biblical Counselors ([www.biblicalcounseling.com](http://www.biblicalcounseling.com)) formerly called the National Association of Nouthetic Counselors or NANC
- C. There will be a two week break between each module to give everyone an opportunity to digest and think through the course material.
- D. Tuition for each module is \$175 (\$25 x 7 weeks). Each person will put a \$75 deposit down to hold their seat for that module before the module begins. Students will pay the remaining \$100 dollars the first week of that module. (There will be a additional fee of \$25 for those who seek to come for that 8<sup>th</sup> week added per module which will be used for preparing for the IABC exam and the ACBC exam) No refunds will be provided however, anyone that misses a particular class can make up that particular class in the future, if the class is offered.( There is no guarantee that class will definitely be offered in the future.)
- E. If students are unable to finish a module due to unforeseen circumstances they will be able to take the sessions over without having to pay again, if these sessions are being offered.
- F. The students will purchase workbooks for the training from the Expository Counseling Center or one of their approved sights. The students may not reproduce, copy, or sale this curriculum. If the students want to teach this material at their local Church, in their Small Group, or organization, they must purchase the workbooks from the Expository Counseling Center or one of their approved sights and sign a licensing agreement to teach this material according to the guidelines set by the Expository Counseling Center.

- G. Students must purchase the book The Heart of Man and The Mental Disorders by Rich Thomson (which is the main textbook overall) as well as additional books for reading in order to enhance their understanding of the topics studied in each Track. (Students will be provided with a list of the books they will need in correspondence to the Tracks and modules within the tracks.)
- H. Students will be required to read various books of the Bible in correspondence with the module they are studying. Each book of the Bible assigned is to be read at least once a week over the seven week period covering that module. (Minimum of six times per module)
- I. Students will memorize Scripture verses for each module to help develop their understanding of Scripture in correspondence to Biblical Counseling.
- J. Students will work on assigned make the connection exercises and case studies to develop their skill in applying the Biblical Counseling methods to life issues.
- K. Students will observe 12 hours of biblical counseling through DVDs watched during the training sessions.
- L. Students will do 50 hours of supervised biblical counseling service using the methods taught in their training.

## Level 1 Theological Building Blocks for Biblical Counseling

### Textbooks Required for Level 1

*A Theology of Christian Counseling* by Jay Adams

*A Theology of Christian Counseling Study Guide (student edition)* by William Hill

*The Biblical Counseling Movement: History and Context* by David Powlison

*Theological Building Blocks for Biblical Counseling* by Nicolas Ellen

*Counseling By The Book (Revised and Expanded Edition)* by John Babler (editors John Babler and Nicolas Ellen)

### 101

- \* Read the entire book of John at least 6 times while going through this module (Minimum of once a week).
- \* Begin reading *A Theology of Christian Counseling* by Jay Adams and working through the questions in *A Theology of Christian Counseling Study Guide (student edition)* by William Hill
- \* Begin reading *The Biblical Counseling Movement: History and Context* by David Powlison
- \* Begin Reading *Counseling by the Book* (Revised and Expanded Edition) by John Babler
- \* Memorize John 3:16-18 & John 14:6 by the end of this module.
- \* Follow the professor through his lectures in the *Theological Building Blocks for Biblical Counseling* by Nicolas Ellen

**Week One**      **Section One** What Makes Biblical Counseling Biblical?

**Week Two**      **Section Two** The Theological Foundations for Biblical Counseling

**Week Three**    **Section Three** The Doctrine of God and Biblical Counseling

**Week Four**    **Section Four** The Doctrine Christ/ Holy Spirit and Biblical \ Counseling

**Week Five**    **Section Five** The Doctrine of Truth/ Scriptures and Biblical Counseling

**Week Six**      **Section Six** The Doctrine of Man /Sin and Biblical Counseling

**Week Seven**   **Section Seven** The Doctrine of The Gospel/Salvation and Biblical Counseling

## 102

- \* Read the entire book of Hebrews at least 6 times while going through this module (Minimum of once a week).
- \* Finish reading *A Theology of Christian Counseling* by Jay Adams and working through the questions in *A Theology of Christian Counseling Study Guide (student edition)* by William Hill
- \* Finish reading *The Biblical Counseling Movement: History and Context* by David Powlison
- \* Finish reading *Counseling By The Book* (Revised and Expanded Edition) by John Babler
- \* Memorize Hebrews 1:1-2, 3-4.
- \* Follow the professor through his lectures in the *Theological Building Blocks for Biblical Counseling* by Nicolas Ellen

<b>Week Eight</b>	<b>Section Eight</b> The Doctrine of Mortification/ Sanctification and Biblical Counseling
<b>Week Nine</b>	<b>Section Nine</b> The Essence of Spiritual Development /Maturity and Biblical Counseling
<b>Week Ten</b>	<b>Section Ten</b> The Doctrine of Spiritual Warfare/Sanctification Process and Biblical Counseling
<b>Week Eleven</b>	<b>Section Eleven</b> The Point of Choice/The Purpose of Life and Biblical Counseling
<b>Week Twelve</b>	<b>Section Twelve</b> Physical Illness/Christians on Psychotropic Drugs and Biblical Counseling
<b>Week Thirteen</b>	<b>Section Thirteen</b> The Need of Relationships and Biblical Counseling
<b>Week Fourteen</b>	<b>Section Fourteen</b> Understanding the Church and Biblical Counseling

## Level 2 Biblical Framework Counseling

### Textbooks Required for Level 2

*The Heart of Man and the Mental Disorders* by Rich Thomson (go to [www.biblicalframeworkcounseling.org](http://www.biblicalframeworkcounseling.org) to purchase this books)

*Deceptive Diagnosis* by David Tyler & Kurt Grady

*Understanding and Developing a Biblical View of Life* by Nicolas Ellen

*Biblical Framework Basic Training Course* by Nicolas Ellen

*Why Christians Can't Trust Psychology* by Ed Bulkley

*Practicum* by Nicolas Ellen

### 201

- \* Read the entire book of Romans at least 6 times while going through this module (Minimum of once a week).
- \* Begin reading *The Heart of Man and The Mental Disorders* by Rich Thomson according to the assigned reading in your syllabus
- \* Read the entire book *Deceptive Diagnosis* by David Tyler & Kurt Grady by the end of this module.
- \* Begin reading *Understanding and Developing a Biblical View of Life* by Nicolas Ellen (The first nine sections).
- \* Memorize Proverbs 28:1 & 1John 4:17-18 by the end of this module.
- \* Follow the professor through his lectures in the *Biblical Framework Counseling Basic Training Course* workbook by Nicolas Ellen.

### WEEK ONE

#### SECTION ONE

- NO STUDENT IS ABOVE HIS TEACHER; WORLD VIEW KEY QUESTIONS
- EVALUATING A COUNSELING MODEL, THREE MAJOR TYPES OF COUNSELING SYSTEMS; WHY PROMOTE BIBLICAL COUNSELING ABOVE OTHER COUNSELING MODELS?
- REASONS WE SHOULD NOT INTEGRATE HUMAN WISDOM WITH THE WORD OF GOD
- REVIEW OF WHY TO PROMOTE BIBLICAL COUNSELING ABOVE OTHER COUNSELING MODELS
- *READ: THE HEART OF MAN AND THE MENTAL DISORDERS(INTRODUCTION)*

## **WEEK TWO**

### **SECTION TWO**

- REASONS WE SHOULD NOT INTEGRATE HUMAN WISDOM WITH THE WORD OF GOD
- THE NATURE OF MAN
- THE CONNECTION OF MAN'S MENTAL SOUNDNESS WITH HIS IMMATERIAL BEING
- THREE KEY RESPONSES TO PEOPLE AND CIRCUMSTANCES
- WHAT I CANNOT AND CAN CONTROL
- WHAT MAN IS RESPONSIBLE FOR BEFORE GOD AND WHAT MAN IS NOT RESPONSIBLE FOR BEFORE GOD
- *READ: THE HEART OF MAN AND THE MENTAL DISORDERS;(THE NATURE OF MAN CH 1)*

## **WEEK THREE**

### **SECTION THREE**

- HOW PEACE , MENTAL SOUNDNESS, AND STABILITY ARE CONNECTED TO YOUR RELATIONSHIP WITH GOD
- THE CENTRALITY OF SALVATION
- THE DANGER OF SPIRITUAL AMNESIA
- THE DECEPTION OF COUNTERFEIT APPROACHES TO CHANGE
- THE REWARDS OF PURSUING GENUINE FELLOWSHIP WITH GOD

## **WEEK FOUR**

### **SECTION FOUR**

- THE BIBLICAL FRAMEWORK FOR DIAGNOSING AND DEALING WITH MAN'S MENTAL UNSOUNDNESS
- *READ THE HEART OF MAN AND THE MENTAL DISORDERS (EFFECTS OF SIN AND RIGHTEOUSNESS, BASIC RIGHTEOUSNESS AND BASIC SIN, MOVING FROM UNLOVING TO LOVING CH2-CH5)*

## **WEEK FIVE**

### **SECTION FIVE**

- THE BIBLICAL FRAMEWORK FOR DIAGNOSING AND DEALING WITH MAN'S MENTAL UNSOUNDNESS
- THE PLACE OF LOVE IN DIAGNOSING AND DEALING WITH MAN'S MENTAL SOUNDNESS
- UNDERSTANDING ANGER
- *READ THE HEART OF MAN AND THE MENTAL DISORDERS (THE FOUR KINDS OF LOVE, AGAPE LOVE AND ITS ABSENCE,*



*IMMATERIAL EFFECTS OF LOVING, IMMATERIAL EFFECTS OF NOT LOVING CH16-CH 17, CH 19-CH 24, ANGER CH 15)*

**WEEK SIX**

**SECTION SIX**

- EXPRESSION OF LOVE
- THE FOUR KINDS OF HUMAN RELATIONSHIPS
- CHARACTERISTICS OF GOD TO EMBRACE
- 7 HABITS OF EFFECTIVE CHRISTIANS
- HOW TO BE A MATURE CHRISTIAN
- LIVING FOR THE GLORY OF GOD, REVIEW OF BIBLICAL COUNSELING FRAMEWORK
- *READ THE HEART OF MAN AND THE MENTAL DISORDERS (OPEN LOVE CH25-CH29)*

**WEEK SEVEN**

**SECTION SEVEN**

- THE CONSCIENCE AND BIBLICAL COUNSELING
- TRUE GUILT VS. FALSE GUILT
- *READ THE HEART OF MAN AND THE MENTAL DISORDERS (CONSCIENCE CH6-CH11)*

**202**

- \* Read the entire book of James at least 6 times while going through this module (Minimum of once a week).
- \* Continue reading *The Heart of Man and the Mental Disorders* by Rich Thomson according to the assigned reading in your syllabus.
- \* Finish reading *Understanding and Developing a Biblical View of Life* by Nicolas Ellen (Read the last nine sections).
- \* Read the entire book *Why Christians Can't Trust Psychology* by Ed Bulkley by the end of this module.
- \* Memorize 1John 3:20-21 & Proverbs 28:13 by the end of this module.
- \* In the workbook *Practicum* by Nicolas Ellen do 7 make the connection assignments /week ( from week eight to week thirteen). Then do the last 8 make the connection assignments on week fourteen
- \* Follow the professor through his lectures in the *Biblical Framework Counseling Basic Training Course* workbook by Nicolas Ellen

**WEEK EIGHT SECTION EIGHT**

- EMOTIONS
- CATEGORIES OF JOY AND SORROW
- *READ THE HEART OF MAN AND THE MENTAL DISORDERS (EMOTIONS, JOY AND SORROW CH12-14)*

**WEEK NINE SECTION NINE**

- THE TYPES OF FEARS MENTIONED IN THE BIBLE
- FEAR OF WORRY VS. FEAR OF GOD'S JUDGMENT (ANXIETY)
- EXPRESSIONS OF LACK OF LOVE, SENSE OF GUILT, AU FEAR, AU FLEEING
- BIBLICAL DIAGNOSIS OF MENTAL DISORDERS USING THE BIBLICAL FRAMEWORK
- AREAS IN OUR LIVES WHERE WE CAN FIND THE LACK OF LOVE
- BIBLICAL DIAGNOSIS USING THE BIBLICAL FRAMEWORK
- *READ THE HEART OF MAN AND THE MENTAL DISORDERS (HOW TO COUNSEL PP. 943-983 OLD EDITION PP. 1177-1223 NEW EDITION)*

**WEEK TEN SECTION TEN**

- BIBLICAL VIEW OF SELF-ESTEEM, SELF IMAGE, SELF LOVE

**WEEK ELEVEN SECTION ELEVEN**

- HOW THINKING CAN AFFECT THE BODY
- TWO LEVEL SINS
- HYPER-CRITICISM AND PERSONALITY CONFLICTS
- BIBLICAL DIAGNOSIS OF A PROBLEM USING THE BIBLICAL FRAMEWORK
- *READ THE HEART OF MAN AND THE MENTAL DISORDERS (SOMATO FORM DISORDERS PP. 571-582 OLD EDITION PP. 789-798 NEW EDITION, CH 35 TWO LEVEL SINS, PROJECTION, PROJECTIVE IDENTIFICATION PP. 545 OLD EDITION PP.759 NEW EDITION)*

**WEEK TWELVE**

**SECTION TWELVE**

- FORGIVENESS

**WEEK THIRTEEN**

**SECTION THIRTEEN**

- DECISION MAKING IN THE WILL OF GOD

**WEEK FOURTEEN**

**SECTION FOURTEEN**

- DISTIGUISHING BETWEEN GOSSIP AND SHARING
- WHAT DO YOU DO WHEN AL TALKS TO BETTY ABOUT CARL?

## Level 3 Common Issues We Face in Life

### Textbooks Required for Level 3

*The Heart of Man and the Mental Disorders* by Rich Thomson

*Practicum* by Nicolas Ellen

*With All Your Heart?* by Nicolas Ellen

*Coming to Know and Walk With God* by Nicolas Ellen

*How People Change* by Paul Tripp

*The Common Issue We Face In Life* by Nicolas Ellen

*A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry*  
by Heath Lambert

### 301

- \* Read the entire book of 1John at least 6 times by the end of this module (Minimum of once a week).
- \* Continue reading *The Heart of Man and The Mental Disorders* by Rich Thomson according to the syllabus.
- \* Read the entire book *With All Your Heart?* by Nicolas Ellen by the end of this module.
- \* Begin reading *Coming to Know and Walk With God* by Nicolas Ellen (Read a section a week ).
- \* Begin reading *A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry* by Heath Lambert.
- \* Memorize James 1:13-15 & James 4:1-3 by the end of this module.
- \* Do one case study/ week in your workbook *Practicum* by Nicolas Ellen
- \* Follow the professor through his lectures in the *Common Issue We Face In Life* workbook by Nicolas Ellen.

**Week One**                      **Section One: Pride/Humility**

**Week Two**                      **Section Two: The Point of Choice**

**Week Three**                      **Section Three: Idolatrous Lust**

**Week Four**                      **Section Four: Worry**  
Read *The Heart of Man and The Mental Disorders*  
(Dissociative Disorders)

**Week Five**                      **Section Five: The Fear of Man**  
Read *The Heart of Man and The Mental Disorders* (Delirium,  
Dementia, and Amnestic and Other Cognitive Disorders )

**Week Six**                    **Section Six: Anger/Learning Contentment**  
Read: The Heart of Man and The Mental Disorders  
(*Schizophrenia and Other Psychotic Disorders* )

**Week Seven**                **Section Seven: Self-Esteem, Self- Image, Self-Love**  
Read: The Heart of Man and The Mental Disorders  
(Factitious Disorders)

### **302**

- \* Read the entire of book of 1Peter at least 6 times by the end of this module (Minimum of once of week).
- \* Continue reading *The Heart of Man and The Mental Disorders* by Rich Thomson according to the syllabus.
- \* Read the entire book *How People Change* by Timothy Lane/Paul Tripp
- \* Finish reading *Coming to Know and Walk with God* by Nicolas Ellen.
- \* Finish reading *A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry* by Heath Lambert.
- \* Memorize Romans 12:3 & 2Corinthians 7:10 by the end of this module.
- \* Do one case study / week in your workbook *Practicum* by Nicolas Ellen.
- \* Follow the professor through his lectures in the *Common Issue We Face In Life*

**Week Eight**                **Section Eight: Trials/ Suffering/Depression**

**Week Nine**                 **Section Nine: How to Deal with The Past**

**Week Ten**                 **Section Ten: Decision Making**

**Week Eleven**             **Section Eleven: Living by Purpose**

**Week Twelve**            **Section Twelve: The Cycle of Relationships**

**Week Thirteen**        **Section Thirteen: Abuse, Separation, Divorce, Remarriage**

**Week Fourteen**        **Section Fourteen: Death, Grief, Despair, Biblical View of Illness, Psychotropic Drugs and Biblical Counseling**  
Read: The Heart of Man and The Mental Disorders  
(Substance-Related Disorders)

## Level 4 Marriage and Family

### Textbooks Required for Level 4

*The Heart of Man and the Mental Disorders* by Rich Thomson

*So You Want to Get Married* by Nicolas Ellen (for singles only taking the course)

*Happy Even After* by Nicolas Ellen (for married couples only taking the course)

*Practicum* by Nicolas Ellen

*Shepherding a Child's Heart* by Paul Tripp

*Marriage and Family Basic Training Course* by Nicolas Ellen

### 401

\* Read the entire book of Ephesians at least 6 times while going through this module (Minimum of once a week).

\* Continue reading *The Heart of Man and The Mental Disorders* by Rich Thomson according to the syllabus.

\* Read the entire book *So You Want to Get Married* by Nicolas Ellen (if you are single) or *Happy Even After* by Nicolas Ellen (if you are married) by the end of this module.

\* Memorize Ephesians 5:22-24 & Ephesians 5:25-27 by the end of this module.

\* Do one case study / week in your workbook *Practicum* by Nicolas Ellen.

\* Follow the professor through his lectures in the *Marriage and Family Basic Training Course* workbook by Nicolas Ellen

**Week One**                    **Section One: Biblical Definition and Design of the Family, The Purpose of Marriage, The Practice of Husband and Wife in Marriage**  
*Read The Heart of Man and The Mental Disorders*  
*(Adjustment Disorders)*

**Week Two**                    **Section Two: The Pursuit of Oneness, The Practice of Giving Love to Your Spouse**  
*Read The Heart of Man and The Mental Disorders*  
*(Culture-Bound Syndromes)*

**Week Three**                    **Section Three: Sex and Marriage, How to Affair-Proof your Marriage**  
*Read The Heart of Man and The Mental Disorders*  
*(Sexual and Gender Disorders)*

- Week Four**            **Section Four: Developing Effective Communication in Marriage**  
*Read The Heart of Man and The Mental Disorders*
- Week Five**            **Section Five: Why Can't We all Just Get Along in our Marriages?**  
*Read The Heart of Man and The Mental Disorders (Mood Disorders )*
- Week Six**             **Section Six: The Problem of Worshipping our Spouses above Worshipping God**  
*Read The Heart of Man and The Mental Disorders (Impulse Control Disorders )*
- Week Seven**         **Section Seven: The Role of Father/Mother/ Child The Foundations for Child Rearing**  
*Read The Heart of Man and The Mental Disorders (Disorders Usually First Diagnosed in Infancy, Childhood, or Adolescence )*

## **402**

- \* Read the entire book of Proverbs by the end of this module.
- \* Continue reading *The Heart of Man and The Mental Disorders* by Rich Thomson according to the syllabus.
- \* Read the entire book *Shepherding a Child's Heart* by Paul Tripp or Faithful Parent by Stuart Scott and Martha Peace by the end of this module (Check with professor to see which one he will require at that time).
- \* Memorize Ephesians 6:1-3 & Ephesians 6:4 by the end of this module.
- \* Do one case study/ week in your workbook *Practicum* by Nicolas Ellen
- \* Follow the professor through his lectures in the *Marriage and Family Basic Training Course* workbook by Nicolas Ellen

**Week Eight**         **Section Eight: Shaping Influences with Children**  
*Read The Heart of Man and The Mental Disorders (Eating Disorders)*

**Week Nine**          **Section Nine: God Orientation and Child Development**  
*Read The Heart of Man and The Mental Disorders (Sleep Disorders)*

- Week Ten***      **Section Ten: Embracing Biblical Methods for Child Rearing**
- Week Eleven***      **Section Eleven: *Training Objectives for Childrearing***
- Week Twelve***      **Section Twelve: Why Children are Rebellious?  
Expressions of Love towards Children and  
Parents  
*Read The Heart of Man and The Mental Disorders  
(Medical Disorders Due to a General Medical Condition)***
- Week Thirteen***      **Section Thirteen: Biblical View of Dating/The Danger of Sexual  
Immorality**
- Week Fourteen***      **Section Fourteen: Making Friends**



## Level 5 The Dynamics of Biblical Counseling

### Textbooks Required for Level 5

Every Christian a Counselor by Nicolas Ellen

Pursuing Godliness Through the Disciplines of the Christian Faith by Nicolas Ellen

The Dynamics of Biblical Counseling by Nicolas Ellen

The Peacemaker by Ken Sande

Instruments in the Redeemer's Hand by Paul Tripp

### 501

- \* Read the entire book of Galatians at least 6 times by the end of this module (Minimum of once a week)
- \* Begin reading Pursuing Godliness Through the Disciplines of the Christian Faith by Nicolas Ellen. (Walk through 2 sections a week)
- \* Begin reading Every Christian a Counselor by Nicolas Ellen
- \* Read the entire book The Peacemaker by Ken Sande
- \* Memorize James 1:2-4 & 1Corinthians 10:13 by the end of this module
- \* Finish the last two cases in your workbook Practicum by Nicolas Ellen
- \* Follow the professor through his lectures in The Dynamics of Biblical Counseling workbook by Nicolas Ellen.

**Week One:** What Makes Biblical Counseling Biblical, Qualifications of a Biblical Counselor (Watch Counseling Video #1)

**Week Two:** Every Christian a Counselor

**Week Three:** The Big Picture (Watch Counseling Video #2)

**Week Four:** The Eight C's of Biblical Counseling (Watch Counseling Video #3)

**Week Five:** Concepts to Teach (Watch Counseling Video #4)

**Week Six:** Hope (Watch Counseling Video #5)

**Week Seven:** Policy for Counseling Document, Consent to Counsel and Release of Liability, Personal Data Inventory, Case Report Form (Watch Counseling Video #6)

## 502

- \* Read the entire book of 2Peter at least 6 times by the end of this module (Minimum of once a week)
- \* Finish reading *Pursuing Godliness Through The Disciplines of the Christian Faith* by Nicolas Ellen
- \* Finish reading *Every Christian a Counselor* by Nicolas Ellen
- \* Read the entire book *Instruments in a Redeemer's Hands* by the end of this module
- \* Memorize James 1:22 & 1Thessalonians 5:14 by the end of this Module
- \* Follow the professor through his lectures in *The Dynamics of Biblical Counseling* workbook by Nicolas Ellen.
- \* Start your 20 hours of counseling others

**Week Eight:** Scenario 1 (Watch Counseling Video #7)

**Week Nine:** Scenario 2 (Watch Counseling Video #8)

**Week Ten:** Scenario 3 (Watch Counseling Video #9)

**Week Eleven:** Scenario 4 (Watch Counseling Video #10)

**Week Twelve:** Scenario 5 (Watch Counseling Video #11)

**Week Thirteen:** Scenario 6 (Watch Counseling Video #12)

**Week Fourteen:** What is Biblical Framework Counseling, The Universals of Biblical Framework Counseling, Comparison between Nouthetic and Biblical Framework Counseling

### **ACBC Exam Preparation Training**

Section One	Review questions 1-8 of the Counselor Section of ACBC Exam
Section Two	Review questions 9-16 of the Counselor Section of ACBC Exam
Section Three	Review questions 17-24 of Counselor Section of ACBC Exam
Section Four	Review questions 25-28 of Counselor Section of ACBC Exam
Section Five	Review Theology Sections Bibliology, Theology Proper, and Anthropology of ACBC Exam
Section Six	Review Theology Sections Christology, Soteriology, Pneumatology, and Ecclesiology of ACBC Exam

Students will go over the entire ACBC Exam question by question learning:

- the resources they will need to address each question
- insights on each question
- examples of answers to those questions
- how to reference those resources accordingly when writing their own answers to the questions

It is our desire that each student would seek to work on completing the questions of the exam as they finish each section of training. This will ensure completion of the ACBC exam in a timely manner.

## **IABC Certification**

For People Pursuing IABC Certification we will go over each question as well and then issue the exam accordingly. Once the exam is passed, the student pursuing IABC will then go immediately into 50 sessions of supervision in relation to their counseling. If supervision goes well then each person pursuing IABC will be certified as an IABC Counselor.