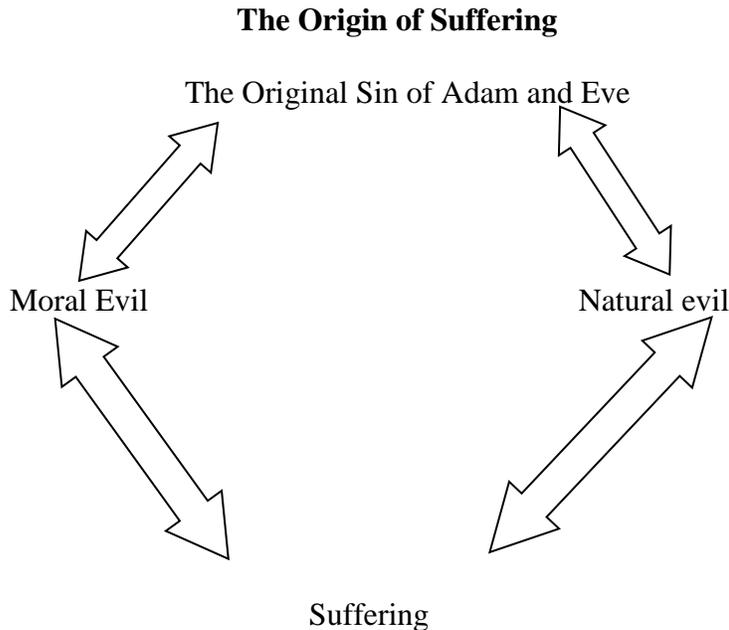


Pastoral Counseling and Suffering People

Definition of suffering: to experience pain or distress as the result of choices within our control and choices beyond our control.



Nine Basic Categories To Trace Suffering Back To

1. Sometime people suffer because of _____ - curse on the ground as a result of Adam and Eve's sin resulting in all sorts of natural disasters. (Genesis 3:17, Romans 8:20—22, Job 1:19)
2. Sometimes people suffer as a result of _____ - malfunction of man-made items. (Luke 13:4-5)
3. Sometimes people suffer as a result of _____ - physical ailments and issues that limit or cause discomfort in the natural movement and function of the body accordingly. (Mathew 9:12)
4. Sometimes people suffer as a result of the _____ - disobedience to God in all aspects of life. (Galatians 6:7-8, Psalm 38:1-18)
5. Sometimes people suffer as a result of the _____ - disobedience of others resulting in negative consequences in your life. (Psalm 119:161, 1 Samuel 26:17-25)
6. Sometimes people suffer as a result of _____ - the enemy seeking to kill, steal, and destroy. (Luke 22:31)

7. Sometimes people suffer as a result of coming to _____ - the flesh, the world, and devil seeking to keep one from embracing the salvation of Jesus Christ through some sort of pain or distress. (1 Thessalonians 1:5-7)
8. Sometimes people suffer as a result of pursuing _____ - pain or distress that has come to motivate biblical change or as a result of biblical change. (Hebrews 12:11, 1 Peter 4:1-3)
9. Sometimes people suffer as a result of _____ - being used by God as a vessel of honor to be productive for the advancement of His Kingdom in all aspects. (2 Timothy 4:14-15, Matthew 5:11-12).

Ways Pastoral Counseling Can Help The Sufferer

1. If a person's suffering is from _____ and _____ we should seek to lead the sufferer to worship God as he grieves his suffering, accepting the Sovereignty of God over his life, while leading him to work through the matter with endurance; In addition, leading him to pursue wisdom to fix, resolve or work through the matter while bringing support to him through it. (Job 1:19-20, Ecclesiastes 7:13-14, 9:1, James 1:1-5, Romans 12:15)
2. If a person's suffering is from _____ we should lead the sufferer to pray for help, repent of sin if there be any tied to the sickness, trust in the Lord and help them to function in obedience in spite of their sickness. (James 5:13-15, Proverbs 3:5-8)
3. If a person's suffering is from the _____ we should seek to lead the sufferer to renounce his sin, repent of his sin, renew his minds in the truth, and replace his sin with right living to restore the joy and peace to his life. (Proverbs 28:13-14, Psalm 51:1-19, 32:1-11)
4. If a person's suffering is from the _____ we should seek to lead the sufferer to embrace the reality that what others meant for evil, God will use to bring good to his life while helping the sufferer obey God in spite of the sin of others. (Genesis 50:12, Romans 8:28, Romans 12:17-21)
5. If a person's suffering is from _____ we should seek to lead the sufferer to submit to God and resist the devil with the spiritual armor given to him by God which will cause the devil to flee from him. (James 4:7, Ephesians 6:13-17)
6. If a person's suffering is from receiving _____ we should seek to lead the sufferer to become an example to others as he serves God and wait for the return of Jesus Christ. (1 Thessalonians 1:6-10)

7. If a person's suffering is from _____ we should seek to lead the sufferer to endure and persevere anticipating the perfect result of his sanctification which is the transformation into the image of Jesus Christ and focus on the hope to be realized in Christ Jesus our Lord. (James 1:1-5, Romans 8: 28-29, Romans 5:1-5)
8. If a person's suffering is from _____ we should seek to lead the sufferer to embrace the fact that God will provide comfort in the midst of his affliction. (2 Corinthians 1:1-7)