

## **How To Handle Trouble in Your Life (1 Peter 5:6-10)**

### **I. We must learn to humble ourselves under the mighty hand of God in times of trouble. V6**

- A. React to persecution and suffering with an attitude that is pleasing to God.
- B. Be submissive to the discipline God is using in our lives by adjusting our character, conduct, conversation, and commitments to align with The Precepts and Plans of God accordingly.
- C. Expect God to lift us out of the trouble when He determines the time is right.

**Key Point:** The prerequisite to God's Exaltation is humility to His Will.

### **II. We must cast our cares upon God in times of trouble because God cares for us. V7**

- A. We are to put the responsibility on God or to make God responsible for handling those concerns in our lives that have become so consuming to us that they have disrupted our minds and personalities.
- B. We are to trust God to handle the matters that have consumed us, because God thinks about us, concerns Himself with us and takes interest in us.
- C. We are stop worrying and start placing our confidence in the God who is concerned about us and takes personal interest in us.

**Key Point:** Since God is concerned about our welfare and controls our welfare, we should accept that He will allow us to fare well according His Will and Good Pleasure.

### **III. We are to be of sober spirit, alert, and resisting the devil with our faith in times of trouble, as we anticipate the devil to attack while understanding that we are not alone in our suffering. V8**

- A. We are to be clear-headed, self-restrained and keep our minds from anything that will cause confusion as we anticipate the attack of the devil.
- B. We are to keep watch for the attack of the devil in time of trouble.
- C. We are to resist the devil through embracing all of who God Is and all what He promises to us, as well as, understanding that other believers are experiencing the same suffering as us.

**Key Point:** God gives us the power to resist, but we can't resist without keeping our heads clear, our spiritual eyes open to the enemy and our hope fixed on the Reality of God and His Promises.

**IV. We can expect that the Gracious God who has called us to be completely transformed into the Image of Jesus Christ when Christ returns, will in His timing perfect, confirm, strengthen and establish us. V9-V10**

- A. In God's Timing, He will perfect us to put us in proper condition as oppose to the condition we were in.
- B. In God's Timing, He will confirm us to make us stable in our character, to make us firm and unwavering in our character.
- C. In God's Timing, He will strengthen us to make us strong, to make us able to handle life better.
- D. In God's Timing, He will establish us to make us firm and unwavering in our belief in The Person of God and The Promises of God.

**Key Point:** The God that has called us to the suffering is the God that will bring us through the suffering.