

UNDERSTANDING AND DEALING WITH TEMPTATION

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The Spiritual Heart and The Flesh

Definition of Temptation: An enticement presented to lead one into sin against God. To understand the nature of temptation let us focus on the desires we turn into lust that tempt us.

- **I. The Definition of the Spiritual Heart:** The immaterial aspect of mankind consisting of all that is within the mind, will and affections (Proverbs 4:23, Proverbs 3:5).
 - A. We have been designed with a <u>mind</u> which involves our thoughts, beliefs, understanding, memory, judgment, imaginations, discernment and conscience (Genesis 6:5, Deuteronomy 8:2,5,17, 15:9, 32:46, 1 Kings 3:9,12, Psalm 73:7, 1 John 3:20-21).
 - B. We have been designed with <u>affections</u> which involves our desires, and feelings/emotions. (Ruth 3:7, 1 Samuel 1:8, Psalm 20:4, 37:4, James 3:14).
 - C. We have been designed with a <u>will</u> which involves our ability to choose and determine action (Deuteronomy 30:19, Exodus 25:2, 35:22, Ecclesiastes 10:2).
 - D. Our <u>mind</u>, <u>affections</u>, and <u>will</u>, are the sum total of what we call the immaterial part of man (non-physical), also known as the heart (Proverbs 4:23).
- II. The Dynamics of the Heart: The heart is the control center that determines our words, actions, pursuits, relationship patterns and service, as well as the interpretation of our experiences. (Proverbs 4:23, Proverbs 21:2)
 - A. The heart determines our *character* (Proverbs 23:7, 27:19).
 - B. The heart determines our *conduct* (Luke 6:45).
 - C. The heart determines our *conversations* (Luke 6:45).
 - D. The heart determines our *communion*, commitments, cares, and concerns (Proverbs 23:7).

- III. The Definition of the Flesh: Sin that indwells the heart of man and propels man to practice evil in thoughts, desires, words and actions (Romans 7:17-23, Galatians 5:19-21, Romans 8:5-8).
 - A. The flesh leads us to be preoccupied with <u>self</u>, resulting in being devilish with others and distant from God (James 3:13-16).
 - B. The flesh leads us to resist *obedience* to God (Romans 8:7).
 - C. The flesh puts us in a position where we cannot *please* God (Romans 8:7).
 - D. The flesh leads us to <u>death</u> (Romans 8:6).
- **IV. The Dynamics of the Flesh:** This indwelling sin leads us into Self-Rule, Self-Righteousness, and Self-Indulgence (Romans 8:7, Philippians 3:3-5, Ephesians 2:3).
 - A. Self-Rule the preoccupation with independence and autonomy (Romans 8:7).
 - B. <u>Self-Righteousness</u> the preoccupation with one's own ability or standard to make oneself right with God or his own standard of right (Philippians 3:3-5, Jeremiah 17:5).
 - C. <u>Self-indulgence</u> the preoccupation with whatever pleases you above love for God and love for others (Ephesians 2:3).
 - D. In summary, indwelling sin keeps us focused on *self* (Romans 8:5-8).

Key Point: The flesh (indwelling sin) wages war within the heart of man seeking to lead him down a path of destruction. Temptations have their origin from this battle within.