

UNDERSTANDING AND DEALING WITH TEMPTATION Dr. Nicolas Ellen Signs That One is Being Tempted – Part 1 (James 1:13-14, Galatian 5:17, Romans 7:21-23)

Sign #1: <u>Desires consume your mind in the wrong way</u> – When being tempted, you will find that your mind is enticed to consider an earthly, natural demonic perspective on what you want to obtain or maintain.

- A. <u>Seductions</u> of the Mind: As a result of flesh (indwelling sin) raging war against your mind, you start to move towards focusing on things below instead of things above. You start to move towards making self-interest a priority above God's will.
- B. <u>Suggestions</u> from the Culture to the Mind: As the world speaks to you, you start to consider the suggestion from the culture that you can do what you want, have what you want, and be what you want. You start to consider the suggestion from the culture that you deserve whatever or whoever you want to pursue.
- C. <u>Saturation</u> of the Mind with the Seductions and Suggestions: As you take in the seductions from flesh and the suggestions from the culture, your thoughts tend be driven and reduced to what you have been denied, what you believe you deserve, what you want, what you think you should have or what you think you need. You become increasingly preoccupied with having a life that is under your control to bring you what you want and to keep you from what you don't want.
- D. <u>Sadness</u> of the Mind as a result of the Seductions and Suggestions: As you take in the seductions from flesh and the suggestions from the world, you tend to become increasingly unhappy and disappointed in this life because you do not have what you treasure in this life above loving God and loving others. Or you do not have enough of what you treasure in this life above loving God and loving others.
- E. <u>Solutions</u> of the Mind as a result of the Seductions and Suggestions: As you take in the seductions from the flesh and the suggestions from the world, you become preoccupied with people, perspectives, practices or pleasures of the temporal life to help you obtain what you want or to help keep you from what you don't want.

Sign #2: You consider compromising your morals to obtain or maintain the desires you are consumed with in the wrong way – When being tempted, you will find yourself faced with moral dilemmas as you consider how to apprehend or maintain what you treasure in the wrong way.

- A. You may find yourself having to answer the question: "Should I <u>lie</u> in order to apprehend or maintain what I treasure in the wrong way at the moment?"
- B. You may find yourself having to answer the question: "Should I <u>disobey authority</u> in order to apprehend or maintain what I treasure in the wrong way at the moment?"
- C. You may find yourself having to answer the question: "Should I <u>spend money</u> that was committed to God in order to apprehend or maintain what I treasure in the wrong way at the moment?"
- D. You may find yourself having to answer the question: "Should I <u>use my body</u> in ways that God forbids in order to apprehend or maintain what I treasure in the wrong way at the moment?"
- E. You may find yourself having to answer the question: "Should I do with this person <u>/or against this person</u> things God forbids in order to apprehend or maintain what I treasure in the wrong way at the moment?"

**Key Point:** When one is being tempted, he is constantly alert to opportunities to satisfy the appetites of the heart that have become the lusts of the heart. As a result of devotion to these preexisting conditions of the heart, one is willing to consider opportunities that will lead to sinful comprise of character to satisfy these lustful desires of the heart.