

Step 2: Divulge Your Heart to God and Others (where appropriate) About Your Lusts

- A. Acknowledge to yourself and to God that you have become **divided** in loyalty between Him and the world; living in opposition to His moral will in thoughts, desires, words and deeds. (1 John 1:9)
- B. Acknowledge to God all the sinful thoughts, desires, words and deeds committed and ask for **forgiveness** in these things. (1 John 1:9)
- C. Acknowledge to others who you have sinned against (when possible and appropriate) the words and deeds committed against them in regard to the matter and seek their **forgiveness** in these things. (1 John 1:9)

Step 3: Detach From the Lusts of Your Heart Accordingly

- A. Remove yourself from people, places, products, and perspectives that lead you to **engage** in the lusts of your heart and set barriers that make it difficult to return to these things. If you are married to the person you must respectfully decline any all suggestions to live in a manner unworthy of the Lord while properly walking in your perspective role as a spouse with that person. (2 Corinthians 6:14-7:1, Matthew 5:29-30)
- B. Make no more **provision** for the lust of your heart and abstain from the lust of your heart. Set yourself against the lust by embracing the Person, Power, Precepts, Pleasures and Promises of God. (Romans 13:14, 1 Peter 2:11, Hebrews 11:6)
- C. **Expect** the presence of God in a real and personal way to be with you, and Satan to flee from you in that particular temptation as you humble yourself and practice resisting your temptation and pursuing our Lord Jesus Christ. (James 4:7-10)