

I. He Makes Me Lie Down in Green Pastures (a place of nourishment)

- A. God compels us to partake of His internal, external and eternal provision, resulting in being properly nourished to the point of resting accordingly.
- B. God compels us to rest in His providential, comprehensive care as we are nourished through His internal, external, and eternal provision for us.
- C. God puts our minds at ease as we are nourished by His internal, external, and eternal provision for us.

II. He Leads Me Beside Quiet Waters (a place of peace and refreshment)

- A. God leads us to experience His peace within our disquieted souls.
- B. God leads us to experience refreshment or to be energized within our weary souls.
- C. God lead us to experience satisfaction within our discontented souls.

Key Point: The experience of a life without lack depends first and foremost upon the presence of God in our lives, because the source of this life is God Himself. We have a God who knows and meets our internal, external, and eternal needs as a shepherd cares for his flock.^{1 2}

The insights above derive from the study of:

- Keller, W. Phillip. *The Shepherd Trilogy*. Marshall Pickering, 1996.
- Morgan, Robert J. *The Lord Is My Shepherd: Resting in the Peace and Power of Psalm 23*. Howard Books, 2013.
- Ross, Allen P. *A Commentary on the Psalms: 1-41*. Kregel Academic & Professional, 2011.
- TableTalk. August 2018. "Psalm 23." <https://tabletalkmagazine.com/issue/2018/08/psalm-23/>
- Willard, Dallas. *Life without Lack: Living in the Fullness of Psalm 23*. Thomas Nelson, 2019.
- Warren, Mitchell. *The 23rd Psalm: Living God's Best in the Midst of the Storm*. Destiny Image Pub, 2011.

¹ Dallas Willard, *Life without Lack: Living in the Fullness of Psalm 23* (Nashville: Thomas Nelson, 2019), 1-2.

² Robert J. Morgan, *The Lord Is My Shepherd: Resting in the Peace and Power of Psalm 23* (New York: Howard Books, 2013), 47-48.